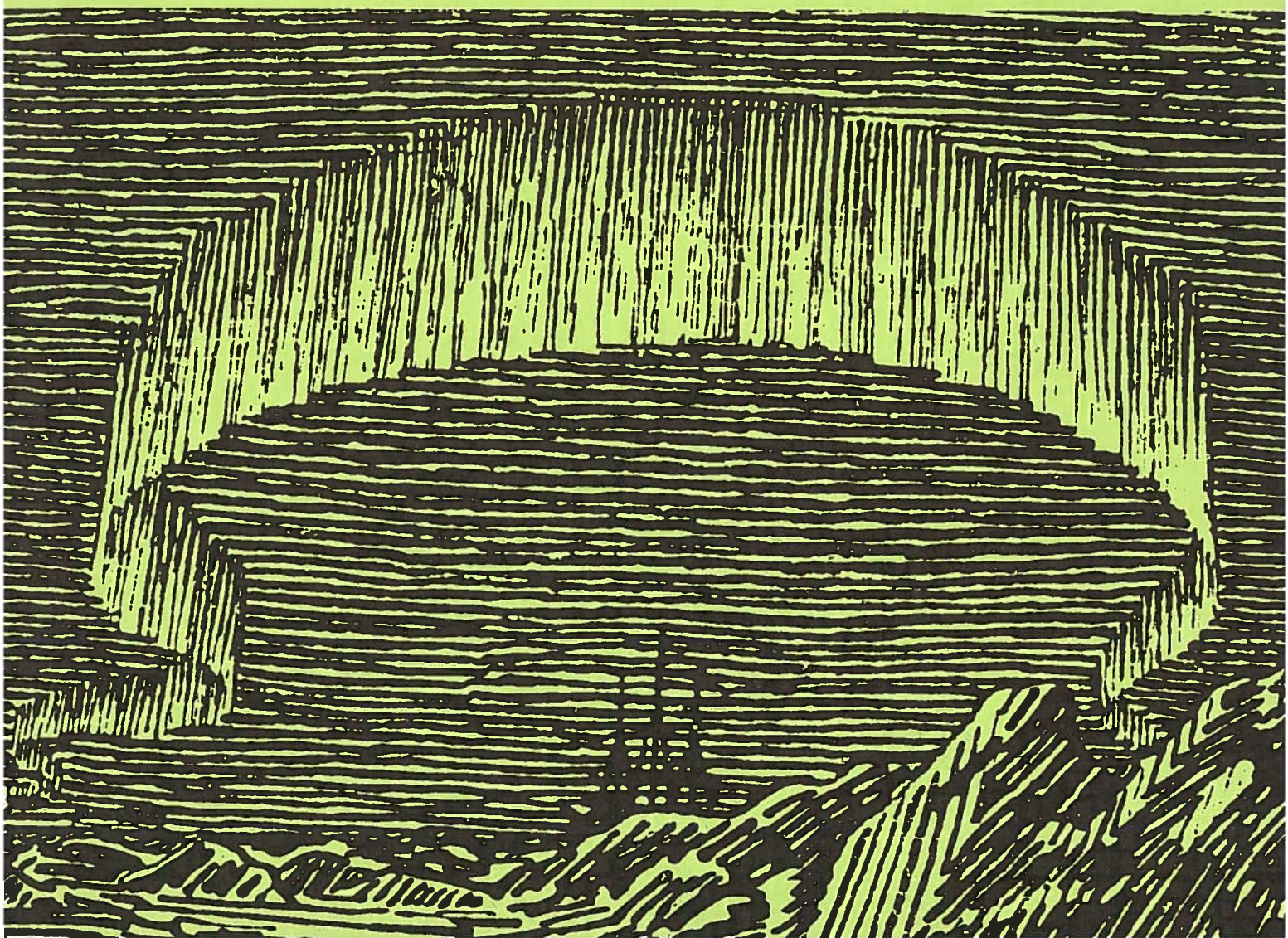


THE AURORAL OBSERVATORY

TROMSØ

NORWAY

MAGNETIC OBSERVATIONS 1970



INTRODUCTION

This yearbook presents the results of the geomagnetic measurements carried out at The Auroral Observatory, Tromsø, Norway. The Observatory is now an institute at The University of Tromsø. Inquiries can be adressed to:

The Auroral Observatory
P.O. Box 953
N-9001 TROMSØ, Norway.

The Observatory is situated 2 km NW from the centre of the town. The geographical coordinates are:

Latitude: $69^{\circ}39'.7$ N Longitude: $18^{\circ}56'.4$ E

Altitude: 105 m above sea level.

Instrument Equipment

The values of hourly means etc. are based on photographic records from the following three variometers: D and H of the Askania-Bamberg type and a Z-variometer of the type La Cour.

Insensitive recordings of the three elements are obtained by a modified La Cour system.

Pulsations recordings are obtained by a Grenet system.

The following instruments have been used for base-line controll: Askania theodolit and a double magnet suspended in a silk-thread for D-measurements, for H-measurements QHM 123 and QHM 164, and for Z-measurements BMZ 39 and BMZ 57. From 1975 will a GeoMetric G 826 protomagnetometer be used for Z-base line controll.

Scale value determinations

The scale value of the variometers are determined by means of Helmholtz coils. The values are as follows expressed in

units pr. mm:

	D	H	Z
Normal:	1',45	5,28γ	6,57γ
Storm:	3',0	22,2γ	24.0γ

Notes to the tables

The hourly mean values are centered on the half hours. The quiet mean values are estimated from selected quiet hours only.

Universal time is used everywhere in this yearbook, and the declination is reckoned positive towards west.

Stars in the tables indicates that the values are greater than - 999.

ANNUAL MEANS OF THE MAGNETIC ELEMENTS

Year	D	H	Z	Year	D	H	Z
1930	4°07',7 W	11567 γ		1957	0°15',9 W	11182 γ	50868 γ
31	3°59,6	49	50198 γ	58	12',7	94	902
32	49,0	499	95	59	08,1	96	35
33	37,3	72	50203	60	03,9	97	80
34	25,9	41	23	61	02,1	214	51004
35	14,3	07	47	62	00,1 E	17	37
36	04,8	379	76	63	03,9 E	22	65
37	2°53,7	50	308	64	03,7 E	39	88
38	44,1	25	40	65	04,6 E	51	94
39	35,0	297	62	66	04,5 E	60	130
40	26,6	78	81	67	04,0 E	65	60
41	16,6	56	417	68	02,0 E	68	96
42	10,6	44	24	69	01,5 W	79	235
43	02,5	22	49	70	04,2 W	95	78
44	1°54,3	13	67	71	05,5 W	333	303
45	45,7	199	503				
46	34,6	79	54				
47	26,5	74	85				
48	18,4	56	94				
49	10,5	53	612				
50	03,6	52	47				
51	0°54,1	43	93				
52	43,9	44	711				
53	36,0	53	24				
54	29,1	65	44				
55	24,0	72	76				
56	18,1	73	825				

TROMSØ. DECLINATION. D=0 DEG. W + TABULAR QUANTITIES EXPRESSED IN TENTH OF MINUTES.
HOURLY MEAN VALUES

MARCH 1970

DAY	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	-320	-117	-103	-248	-30	-74	-30	71	-1	13	56	172	201	230	172	230	114	71	56	71	42	-1	-1	-117	19						
	-117	-320	-175	-103	-204	-30	13	42	42	42	85	114	114	100	100	85	85	71	71	71	56	42	13	-88	4						
	-74	-30	-16	13	-1	-1	13	27	27	27	56	85	114	143	100	100	114	-45	-88	-233	42	-117	-59	56	10						
	-74	-59	-74	-16	-1	-1	27	27	42	85	143	143	187	230	259	288	143	390	361	143	85	-30	-45	-45	92						
	-45	-59	27	13	-1	13	13	13	27	42	71	114	129	143	172	172	201	288	71	288	201	71	-103	-59	75						
	-190	-219	-117	-45	27	42	27	27	27	100	114	129	158	158	129	187	129	187	-1	100	-16	-175	-190	-335	10						
	-349	-494	-451	-204	-190	-1	13	-16	-16	27	56	129	129	230	230	274	143	361	317	42	114	56	56	-306	6						
	-291	-291	-378	-306	-161	-436	-219	-132	-88	-88	27	85	187	245	56	419	520	520	781	-697	129	114	-233	-161	-16						
	-175	-161	-262	-480	-349	-161	-30	-59	-30	-1	13	56	71	85	71	56	100	-59	56	56	-16	-74	-146	-306	-72						
	-146	-45	-45	-30	-30	-30	-30	-45	-30	-16	42	56	71	56	42	13	-16	-16	-30	-59	-190	-30	27	13	-19						
	13	13	-1	-16	-16	-30	-30	-45	-59	-30	13	42	56	56	27	27	27	13	42	71	-30	-59	-45	2							
	13	13	27	13	-30	-16	-16	13	13	42	71	114	143	100	85	56	27	42	27	27	42	42	27	27	37						
	27	13	13	13	13	13	-1	13	13	56	71	71	129	129	100	100	71	42	42	42	-30	-1	27	27	41						
	21	21	6	-8	6	6	6	-8	21	21	50	64	79	79	64	50	50	50	50	50	35	35	35	35	34						
	35	64	-22	6	35	64	35	6	6	79	79	108	93	79	79	35	35	50	50	21	35	35	50	50	46						
	35	21	21	21	6	-8	-8	-8	21	50	93	93	122	122	79	64	50	50	64	64	50	35	35	50	46						
	35	21	21	21	21	6	-8	-8	21	64	79	108	151	137	122	122	108	93	6	35	50	64	-22	-109	47						
	-22	35	6	6	-8	-8	-22	-22	-8	79	108	122	122	108	93	79	6	35	50	50	79	-37	50	64	40						
	-22	35	35	21	6	6	6	6	21	50	79	93	108	122	79	64	50	50	35	50	64	-80	-95	-37	31						
	50	35	35	21	21	6	-8	-8	6	50	93	122	137	108	108	64	64	64	50	79	-51	50	6	-37	-8	41					
	21	21	21	6	-8	-8	-8	-22	6	21	64	93	108	108	93	79	50	50	50	50	50	50	50	50	50	42					
	64	50	35	35	21	6	-8	21	35	50	122	137	122	122	108	64	50	50	64	64	64	64	64	64	64	61					
	64	50	35	21	6	-8	-22	-22	21	50	79	108	137	108	93	64	50	64	79	79	93	21	21	50	51						
	50	50	35	21	6	-22	-22	-22	-8	21	64	79	93	93	93	64	64	64	79	79	79	64	64	64	48						
	64	64	50	35	6	-8	-8	6	35	79	108	122	137	108	79	64	50	64	64	79	79	79	79	79	64	62					
	64	64	64	50	35	6	-22	-22	6	50	64	122	122	122	122	93	64	79	79	79	79	79	79	64	64	63					
	64	50	35	21	6	-8	-8	-8	21	64	195	180	195	180	180	137	108	122	93	180	21	-37	-602	-269	38						
	-182	-196	-196	-95	-51	6	64	79	64	35	50	122	137	195	195	180	253	224	108	93	50	-37	-37	-8	-559	14					
	-182	-269	-501	-341	21	21	21	21	50	79	122	137	137	180	253	209	238	195	224	79	79	21	50	-37	33						
	-182	6	35	21	-8	-51	-37	-37	6	79	122	151	238	253	166	180	224	93	93	93	122	-81	6	21	64						
	21	-22	6	-51	-37	-8	35	-269	-22	79	6	93	311	340	21	296	311	238	137	137	21	-37	-153	-22	59						
MEAN	-55	-53	-59	-51	-28	-23	-8	-12	8	41	77	108	138	144	114	128	111	109	99	34	49	4	-32	-57	32						

TROMSØ. DECLINATION. D=0 DEG. W + TABULAR QUANTITIES EXPRESSED IN TENTH OF MINUTES.
HOURLY MEAN VALUES

APRIL 1970

DAY	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	6	35	21	21	6	6	6	6	21	50	79	93	93	79	64	35	35	35	50	50	50	50	79	50	42					
	35	21	6	6	-22	-22	-37	6	6	50	64	93	137	122	151	93	50	64	79	64	64	-22	-8	50	43					
	-8	-22	-80	-109	-211	-124	124	64	79	64	93	151	209	180	108	122	93	79	64	79	79	64	50	50	39					
	-8	21	-8	-51	-51	-22	-22	21	50	79	122	151	180	137	122	79	93	93	79	79	64	50	50	21	55					
	21	21	6	6	-8	-22	-22	-22	-8	21	79	122	122	166	137	108	108	122	93	108	93	35	50	35	57					
	21	-22	-8	-22	6	35	35	108	64	93	35	108	195	151	151	137	108	79	108	64	64	35	-80	21	61					
	6	-37	6	6	21	21	35	21	-22	93	93	137	122	122	108	93	64	79	64	64	50	64	50	79	55					
	-211	-298	-37	-8	50	6	-22	-8	6	50	79	122	137	180	108	64	50	50	64	79	50	64	6	-51	21					
	-8	21	21	21	6	-8	-8	35	21	151	180	238	209	166	166	108	79	79	93	79	64	79	-51	-80	69					
	-8	21	-8	-22	-37	-51	-51	-37	-8	50	64	93	108	122	108	108	93	93	93	93	93	-37	-182	32						
	-182	-254	-66	6	21	21	6	21	50	93	108	137	137	151	108	64	93	108	108	93	93	93	79	64	48					
	50	21	21	-8	6	6	35	35	93	108	108	108	122	122	151	166	180	151	122	93	50	-8	64	50	76					
	50	35	6	-8	-8	-22	-22	6	35	64	108	151	166	137	108	93	79	93	79	79	79	64	64	64	62					
	79	50	35	6	-8	-8	-22	-22	6	35	79	122	122	108	93	64	50	64	64	64	79	64	6	50	49					
	64	50	35	6	-8	-22	-37	-37	6	64	108	122	108	93	79	93	79	151	151	137	35	122	108	79	66					
	-138	-385	-254	-211	-254	-124	-66	21	-8	50	50	79	79	64	64	64	64	64	79	151	93	-95	-254	-240	-46					
	-298	-182	-298	-269	-269	-66	-37	-37	-22	-8	64	93	151	151	209	166	151	180	238	108	6	-327	-124	-51	-19					
	6	21	21	6	-8	-22	-22	-22	-22	6	64	151	166	108	238	209	253	122	122	108	93	21	-22	-283	54					
	-182	-283	-617	-283	-95	-66	-66	-22	21	6	151	151	209	151	93	108	79	-22	108	79	-37	21	50	50	-16					
	50	6	-8	-80	-37	6	6	-8	21	50	93	108	195	253	166	238	296	238	224	180	151	209	-22	-80	93					
	-8	21	-37	21	6	-37	-37	-80	-80	-95	-66	-254	-167	-95	93	615	644	586	456	282	93	-370	-312	-80	45					
	-312	-762	***	-341	-602	-66	-8	93	-109	21	108	122	108	108	108	64	50	50	79	64	64	35	21	-8	-101					
	-66	-124	-153	-95	-95	-95	-80	-22	21	64	93	122	122	209	253	325	296	282	354	195	166	137	-66	-356	61					
	-124	-370	-515	-312	-182	-153	-80	35	79	108	137	195	195	253	340	180	224	296	311	166	108	-95	21	-8	33					
	-109	-167	-153	-153	-196	-109	6	6	-8	108	151	166	180	238	180	209	64	50	93	137	122	-22	-66	21	31					
	-283	-182	-37	-138	-37	-37	-66	-51	-8	50	108	166	195	180	122	79	93	122	180	-8	21	-51	21	-109	13					
	-269	-385	-95	-66	-66	-80	-37	-8	6	35	108	122	151	137	151	122	93	108	122	122	79	50	35	151	24					
	151	-95	-80	-22	-51	-80	-51	-22	21	79	108	137	137	108	93	93	79	64	64	64	64	35	6	6	37					
	-8																													

TROMSØ, DECLINATION, D=0 DEG, W + TABULAR QUANTITIES EXPRESSED IN TENTH OF MINUTES.
HOURLY MEAN VALUES

MAY 1970

DAY	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	-80	-8	21	-37	-51	-37	6	50	50	93	93	122	151	151	122	122	93	93	137	137	64	93	-8	-22	56						
	-167	-8	-8	35	21	-8	-37	-8	35	79	108	122	137	108	93	79	93	79	122	108	64	64	-37	-37	43						
	-22	6	-8	-37	-51	-51	-51	-37	6	50	79	122	137	151	180	122	166	166	166	137	166	93	-211	-167	46						
	-167	-8	-22	-37	-37	-37	-37	-22	50	93	122	151	166	151	108	108	137	137	108	108	79	35	35	-8	50						
	6	-8	-8	-51	-37	-37	-37	-8	35	64	50	93	137	195	195	108	166	137	166	108	93	93	50	-138	57						
	-80	21	6	-22	-37	-37	-37	-8	21	50	64	93	79	79	64	64	93	151	122	122	93	64	64	21	43						
	35	-8	-37	-22	-37	-37	-37	-8	35	79	122	151	137	137	108	93	93	122	122	108	93	79	64	50	60						
	50	6	-22	-37	-37	-37	-22	-8	21	64	93	122	137	122	108	93	122	122	151	166	122	108	6	-109	55						
	-66	-22	-37	-22	-37	-51	-37	-22	6	50	79	108	108	122	122	108	122	93	108	93	93	93	93	79	49						
	35	21	21	-8	-22	-37	-51	-51	-8	64	122	151	151	151	122	93	64	50	64	64	64	64	64	50	51						
	50	35	6	-22	-37	-51	-51	-37	-8	64	122	166	166	151	122	108	93	79	93	108	108	93	50	-95	54						
	-138	-51	-124	-80	-80	-37	-22	-37	64	108	137	195	238	238	311	383	354	412	253	289	122	-37	-138	-66	92						
	-182	-196	-182	-225	-66	-8	-8	35	50	108	122	137	137	137	137	93	93	93	93	122	122	93	64	-109	27						
	-80	93	122	-80	-109	-66	-22	-37	50	108	122	137	166	137	108	166	238	340	224	209	180	137	64	-37	90						
	-370	-544	-124	-8	-37	-8	6	6	-8	35	122	180	180	137	137	79	64	93	108	93	93	79	50	21	16						
	6	21	-8	-37	-51	-66	-51	-37	21	79	108	137	166	151	137	108	137	151	166	166	195	151	108	-8	72						
	-80	-80	-8	-22	-51	35	79	50	50	122	137	151	122	151	122	108	122	93	108	122	122	79	64	-80	63						
	-8	-51	-95	-138	-80	-80	-66	-8	50	93	108	137	108	108	64	93	108	93	108	122	108	79	50	50	39						
	50	21	6	-22	-8	6	-22	21	21	50	108	180	195	151	137	122	108	137	151	137	108	64	21	35	74						
	-22	-95	-95	-51	-124	-66	79	35	50	79	137	253	224	209	166	209	180	209	267	209	21	-80	-37	-167	66						
	-370	-124	-51	-22	-37	-22	-8	-8	50	108	137	166	224	224	224	122	79	108	137	108	93	50	64	-22	51						
	-51	-196	-225	-80	-80	-66	-66	-22	35	122	166	195	166	166	151	122	151	195	137	137	122	122	64	21	53						
	6	21	6	-8	6	6	-22	-8	21	108	137	180	180	166	151	108	79	122	137	137	166	122	-124	-196	62						
	-211	-196	-37	-22	6	6	-22	-37	21	64	137	180	180	253	209	166	122	151	122	122	108	93	79	-8	61						
	6	-167	-109	-51	-37	6	-80	6	21	64	108	166	166	195	224	151	137	108	93	93	108	93	6	-8	54						
	21	21	6	-8	-37	-51	-51	-22	-22	50	108	137	137	137	151	122	93	79	93	122	108	79	64	6	55						
	6	-37	-37	-51	-66	-51	-51	35	50	108	137	180	195	267	238	282	354	340	267	224	195	224	-80	-51	111						
	-22	-602	-486	-51	-51	-51	-22	-22	-8	-22	-80	-182	-8	557	238	528	441	238	282	296	209	137	21	166	62						
	-22	-196	-80	-51	-37	6	-22	-37	93	108	137	137	151	151	122	64	64	64	64	151	195	50	35	35	49						
	-109	-95	-80	-37	-80	-66	-37	-8	-8	-66	35	166	151	137	108	180	151	267	151	108	93	93	6	-8	43						
	-22	-22	-8	-22	-37	-51	-66	-22	-8	50	108	137	166	108	180	151	108	93	93	79	79	64	50	35	51						

MEAN =64 79 54 43 45 33 28 8 27 71 106 141 153 171 150 144 143 149 142 136 118 83 19 24 57

TROMSØ, DECLINATION, D=0 DEG, W + TABULAR QUANTITIES EXPRESSED IN TENTH OF MINUTES.
HOURLY MEAN VALUES

JUNE 1970

DAY	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	35	50	-66	-414	-196	-22	-66	-37	-51	-80	93	122	122	35	151	412	485	340	267	224	21	21	-22	-95	58					
	-80	-22	-8	21	6	-51	-37	-8	21	50	93	122	122	122	108	151	122	151	180	151	151	50	21	-138	54					
	-37	-22	-153	-66	-22	6	21	6	6	6	79	93	93	137	195	166	122	108	108	151	122	64	6	-81	50					
	-211	-167	-167	-37	-37	21	6	35	21	50	93	137	122	151	93	166	166	166	122	122	122	64	6	-153	37					
	-80	-22	-8	-153	-22	21	21	21	-8	21	79	122	122	108	93	79	93	79	93	79	93	64	35	21	36					
	-8	21	6	6	21	21	21	21	50	50	108	122	137	122	93	93	64	79	79	79	93	79	79	64	62					
	50	35	-8	-22	-37	-22	-22	-8	6	64	108	108	108	122	137	166	122	209	195	267	282	209	93	21	90					
	-211	-312	-501	-283	-80	-8	-8	35	64	93	122	180	166	166	122	108	108	137	166	151	137	79	-8	-22	16					
	-53	-39	-68	-39	-39	-39	-39	19	48	91	120	149	120	106	91	106	120	164	178	77	77	-24	-53	43						
	-82	-68	-82	-68	-68	-82	-39	-53	19	77	149	149	149	149	135	164	178	222	149	164	120	62	33	19	58					
	-53	-68	-97	-53	-39	-53	-68	-24	4	62	120	164	149	149	120	135	135	193	178	149	149	91	62	19	59					
	-10	-53	-97	-68	-39	4	-24	-10	4	33	106	164	164	135	120	135	149	164	164	135	135	120	19	-10	60					
	-53	-53	-53	-53	-53	-39	-97	-39	-10	77	120	164	193	454	265	265	193	207	222	164	120	33	33	-39	84					
	-155	-329	-227	-82	-10	4	-24	-39	-24	48	120	164	193	222	193	178	135	135	178	251	149	120	77	33	64					
	-82	-314	-314	-140	-97	-126	-97	-97	-39	91	135	135	193	280	309	323	294	222	193	207	222	-82	33	-53	49					
	-227	-387	-401	-242	-53	-97	-24	-10	19	77	135	164	222	164	164	149	135	91	106	120	149	120	62	-82	14					
	-10	4	-24	-39	-39	-68	-39	-39	-10	48	106	207	207	222	207	135	193	207	294	323	178	164	48	-155	88					
	-184	-155	-24	19	-24	-10	19	-68	-68	-53	-53	48	149	628	454	468	512	352	309	294	294	222	120	-140	129					
	-271	-488	-459	-184	-97	-126	-68	-39	19	62	120	106	149	135	106	106	91	135	164	222	236	-24	-155	-169	-17					
	-488	-561	-517	-488	-416	-314	-343	-227	33	33	91	135	164	236	294	483	497	352	265	352	222	207	-24	-68	-3					
	-372	-271	-517	-546	-271	-358	-271	-140	77	77	33	48	135	178	265	236	367	280	164	106	135	164	106	4	-15					
	-68	-126	-97	-82	-82	-82	-68	-53	-39	33	106	135	149	149	149	164	120	120	120	120	120	4	19	4	33					
	-39	-111	-39	-24	-24	-39	-10	4	33	48	91	149	164	178	164	120	77	77	48	62	62	91	48	48	49					
	48	33	-53	-39	-39	-68	-68	-53	4	33	91	135	164	149	135	135	91	106	149	207	91	106	120	48	63					
	-10	-271	-155	-68	-39	-10	4	-10	33	77	120	135	338	207	164	120	120	106	106	106	120	48	19	52						
	19	-10	-10	33	19	4	33	-24	-24	91	135	149	164	164	193	352	338	338	265	120	106	62	-53	116						
	-68	-82	-82	-372	-140	4	62	-140	149	120	193	236	207	77	193	236	178	178	193	135	149	91	33	-10	64					
	4	-39	-242	-140	-68	-140	-68	-24	1																					

TROMSØ. HORIZONTAL INTENSITY. H=11200 + TABULAR QUANTITIES EXPRESSED IN GAMMA.
HOURLY MEAN VALUES

JULY 1970

DAY	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	MEAN																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																													
1	103	56	-28	24	3	77	103	93	103	77	98	93	151	272	330	241	198	151	182	188	161	124	72	103	123	117	112	117	117	96	91	54	101	96	91	112	207	154	128	123	144	165	175	133	117	117	91	65	118	-32	4	51	88	57	9	30	-1	83	78	141	152	178	157	83	83	93	109	115	115	99	4	-185	-729	32	-281	-144	-23	66	13	3	-44	61	82	110	79	73	89	147	200	200	226	237	189	168	142	110	84	-63	132	-269	-158	-84	52	52	105	94	73	47	116	147	190	263	242	158	110	94	94	105	110	100	100	100	110	81	116	116	116	110	105	89	84	84	79	79	73	84	100	94	110	126	131	131	131	147	147	89	36	-153	92	-49	3	-17	-12	24	56	87	93	98	103	87	98	161	209	251	251	267	267	193	188	151	50	-33	-371	89	-388	-135	128	-109	-320	-214	49	160	139	128	160	265	397	577	603	466	265	175	191	133	-167	-272	-220	-151	77	-454	-16	84	121	137	126	115	110	110	100	100	100	105	147	211	253	258	316	232	115	15	-169	-68	-16	84	-28	-91	-39	119	124	114	98	92	103	108	103	129	172	166	193	161	203	203	145	129	-7	-7	29	-2	92	-159	-228	-80	25	99	136	120	104	167	104	104	120	157	188	262	305	231	151	162	141	51	14	-117	-38	84	-52	-62	-52	27	95	95	106	95	90	85	100	95	100	127	127	164	217	232	169	153	100	16	27	74	88	51	14	-38	120	120	120	109	104	157	78	88	109	136	162	157	141	120	136	167	146	115	104	35	-133	96	-56	80	91	117	112	112	107	91	154	107	91	80	75	138	123	96	101	107	117	123	117	86	91	33	95	-2	-166	-60	113	129	118	97	97	81	81	81	123	181	181	97	97	129	166	192	160	139	108	108	113	98	109	83	72	109	115	109	99	93	83	72	72	88	120	151	167	178	257	225	183	173	125	14	-254	-43	100	94	105	94	100	100	126	115	105	89	89	84	89	105	100	105	131	121	126	142	152	142	89	5	63	102	100	121	110	105	100	110	100	94	84	84	89	89	89	100	101	152	179	226	179	147	137	63	-16	-111	102	-58	26	78	121	131	126	110	94	94	73	73	78	100	115	121	126	131	137	158	173	147	110	41	-253	85	-464	-158	-63	-53	89	147	137	115	100	68	137	142	290	617	580	274	184	189	131	110	47	-5	-274	-200	89	-162	11	122	101	112	96	107	91	80	112	101	101	101	122	165	165	249	239	154	128	11	-151	-88	-172	74	-207	-65	13	114	151	119	103	103	103	82	71	98	124	103	156	129	156	182	240	203	151	140	103	92	102	84	-163	-227	-306	-47	68	68	115	110	84	73	89	173	237	353	432	305	284	274	216	173	115	-53	-290	90	-581	-207	-154	-370	-111	-608	-291	-265	78	289	426	289	262	379	241	78	109	109	120	88	72	-370	-502	-423	-55	-344	-397	-476	-423	115	125	41	93	136	88	173	194	220	231	157	78	93	99	99	99	99	35	-254	4	11	105	105	78	73	47	41	121	110	105	121	105	147	94	253	274	284	189	200	173	-42	-163	115	41	-121	102	-7	129	119	114	108	98	92	92	87	77	77	82	82	87	103	98	114	114	114	124	124	103	98	50	94	-17	41	93	88	-96	-180	-17	114	225	262	357	378	442	484	278	315	220	188	204	-96	25	72	88	93	148	104	99	104	88	67	25	56	88	72	72	83	109	104	104	136	151	130	141	162	151	125	51	-149	-80	83	-207	-233	-43	-64	-43	35	88	99	104	88	125	141	167	204	231	299	357	252	188	199	157	51	-339	-185	69

TROMSØ. HORIZONTAL INTENSITY. H=11200 + TABULAR QUANTITIES EXPRESSED IN GAMMA.
HOURLY MEAN VALUES

AUGUST 1970

DAY	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	MEAN																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																												
1	-127	-6	78	114	114	109	99	88	141	88	88	88	88	93	104	120	146	141	146	146	136	51	83	41	90	36	36	36	31	57	100	100	94	94	57	73	78	110	121	121	115	121	121	121	121	121	121	121	126	93	131	131	126	115	105	100	105	94	78	68	78	89	94	126	131	110	115	115	115	126	121	115	115	110	108	107	113	107	102	102	102	102	97	92	81	81	81	102	118	134	160	144	139	139	155	139	118	102	107	113	102	107	102	102	107	107	107	107	102	86	76	76	86	107	118	129	123	123	123	123	123	129	123	123	108	125	125	125	120	114	109	104	88	93	78	56	83	93	104	109	120	141	136	93	99	104	83	51	-149	91	-62	21	111	132	127	116	111	90	90	79	85	90	100	122	100	95	201	159	169	148	159	42	-363	-247	69	-42	26	-21	10	152	121	100	100	63	94	327	379	232	147	126	137	121	121	158	115	105	-5	-5	-338	92	-343	-554	-47	121	68	100	100	105	100	100	100	179	195	168	121	121	131	179	142	152	100	78	73	94	65	105	73	68	84	94	110	100	94	94	78	94	158	205	179	121	131	137	142	152	131	110	52	-10	15	104	10	63	57	73	105	105	94	89	84	94	94	110	105	200	200	189	147	121	121	131	121	105	31	-269	90	-227	-169	-163	-74	-10	105	131	105	89	73	78	94	84	94	115	105	105	115	137	163	131	52	-5	89	50	115	110	100	168	163	158	173	163	173	94	89	73	89	173	205	163	147	163	147	110	68	-126	-237	5	103	110	131	94	57	63	110	105	94	94	78	78	78	94	110	115	126	147	126	142	137	137	126	100	100	106	57	73	121	57	94	110	110	110	100	110	110	110	110	100	110	110	110	115	126	142	142	121	73	-111	96	-58	31	0	89	115	115	121	100	100	105	105	105	137	126	137	142	200	242	242	205	137	100	-137	-354	87	-108	12	-39	150	-578	-261	-288	-113	171	181	255	208	213	366	308	366	171	-208	129	86	102	49	-50	-129	41	-44	-318	-155	-186	-160	87	103	82	108	161	256	330	378	388	415	399	240	198	103	140	98	3	-49	-339	93	-444	-339	-127	78	88	99	104	93	83	99	125	125	151	188	151	178	231	183	56	120	120	104	109	109	70	105	105	105	105	100	89	78	73	63	57	73	126	115	105	121	115	105	105	105	121	121	100	94	73	98	63	47	47	68	105	105	100	84	173	73	78	84	94	110	115	137	184	158	137	131	126	78	73	63	101	104	115	115	109	99	93	83	83	67	67	78	141	188	231	247	252	278	215	188	120	136	109	99	88	137	2	44	76	86	60	92	92	81	76	60	76	118	134	166	144	139	155	192	171	139	123	97	71	81	103	93	108	93	87	103	98	87	71	71	66	66	87	108	124	119	114	140	156	151	140	130	114	82	108	104	78	36	-31	26	63	78	31	84	89	105	142	163	179	253	348	311	269	221	163	173	131	78	-21	-21	122	-79	-47	121	94	-68	-74	31	63	78	158	290	342	453	358	401	353	284	184	52	57	52	0	-68	-58	124	-185	-142	47	105	73	73	94	105	84	73	78	94	121	200	337	348	342	247	115	57	47	-53	-42	47	94	126	121	110	115	110	84	100	100	100	84	78	84	100	115	189	269	263	232	173	100	84	-37	-26	-63	108	15	115	89	-63	-95	41	110	100	94	84	84	147	152	142	189	216	163	126	126	126	100	84	52	89	95	57	-95	-10	63	94	110	110	100	89	78	89	105	115	126	126	137	121	142	142	142	110	115	115	115	95	110	115	115	115	115	100	73	63	73	73	89	78	152	184</

TROMSØ. HORIZONTAL INTENSITY. H=11200 + TABULAR QUANTITIES EXPRESSED IN GAMMA.
HOURLY MEAN VALUES

NOVEMBER 1970

DAY	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	MEAN
1	85	85	85	90	90	90	96	101	96	96	96	90	80	85	85	96	90	90	90	90	90	90	90	90	90	90	90	90	90	90	90
2	118	118	118	118	118	123	118	113	107	102	102	113	123	123	139	123	118	118	118	118	118	123	118	81	116						
3	18	49	107	86	76	113	118	113	107	102	102	107	118	123	139	160	224	261	224	160	123	103	-18	28	106						
4	-66	60	86	102	113	118	118	118	102	102	107	129	97	107	123	129	139	150	144	192	144	60	23	92	103						
5	92	39	76	107	113	123	118	139	118	97	102	113	102	107	118	171	166	139	134	134	12	-208	-198	-76	76						
6	-17	50	8	61	87	119	124	129	82	172	209	225	256	256	288	277	214	145	108	87	34	-60	-12	8	118						
7	27	-638	-421	-210	-51	-205	43	212	349	412	270	423	270	227	412	312	190	132	-25	-141	-352	-104	-36	-284	33						
8	-243	-5	-37	-10	57	94	100	100	94	94	100	100	115	137	121	147	100	89	105	94	94	94	89	78	71						
9	73	94	89	94	100	100	89	94	100	105	100	131	110	100	110	142	152	163	20	-26	-95	-58	94	94	82						
10	41	-11	-43	67	78	67	109	109	93	104	183	220	173	151	215	199	247	99	-11	56	35	-48	83	4	92						
11	-111	-233	-59	-11	104	136	141	162	151	173	215	146	157	162	146	194	151	120	151	125	-32	-143	104	67	84						
12	67	62	78	83	104	130	125	120	151	120	157	162	146	199	220	146	146	115	109	104	109	109	109	109	124						
13	111	96	59	69	111	122	111	117	127	122	122	122	133	217	243	270	286	243	185	154	80	16	-104	-104	121						
14	-120	-72	75	122	127	122	127	138	127	117	111	106	106	117	127	138	196	222	186	185	85	-35	22	6	115						
15	127	122	122	122	122	122	122	117	111	111	111	111	117	122	122	117	122	127	148	164	143	159	143	127	126						
16	127	127	122	117	117	117	117	117	117	117	111	111	111	117	122	138	196	222	186	185	85	-35	22	6	115						
17	-4	53	122	127	106	143	133	127	122	122	117	111	117	122	122	122	122	127	127	127	127	127	127	106	114						
18	69	111	127	127	133	133	127	122	122	122	122	127	127	133	212	154	323	233	233	148	122	122	-204	-204	118						
19	-83	-31	-173	-131	-152	-152	-57	169	111	127	132	127	106	111	111	111	111	127	106	106	106	106	106	106	50						
20	112	112	112	112	117	122	117	107	101	101	101	107	107	107	107	107	107	112	112	107	112	101	33	22	102						
21	86	91	64	54	86	112	122	107	112	128	365	376	233	207	313	228	122	33	59	27	-9	-114	-119	-82	108						
22	-82	-108	-82	2	108	113	118	102	81	118	123	150	155	218	229	155	192	139	23	-87	-92	-92	-129	-155	49						
23	-119	-71	-55	-23	49	81	92	113	113	166	166	213	192	261	245	123	92	160	23	-60	7	23	-161	-119	62						
24	65	92	108	123	113	129	113	113	108	108	102	102	108	113	118	155	224	155	160	108	144	118	76	49	116						
25	65	-2	49	139	139	134	118	113	108	102	113	118	118	118	171	155	187	150	123	197	118	71	65	-8	110						
26	12	92	139	123	118	118	129	123	113	108	108	108	118	113	123	150	181	139	123	123	28	55	102	113	110						
27	101	101	96	101	122	122	122	117	107	91	107	117	138	175	228	212	212	207	149	212	202	107	43	49	134						
28	91	96	112	112	117	112	122	122	112	107	107	107	107	122	165	144	128	112	112	112	122	117	112	107	115						
29	112	112	112	112	117	117	117	112	107	107	112	107	112	117	117	122	122	128	128	122	122	122	122	117	116						
30	117	117	117	117	117	117	117	112	107	107	107	107	112	112	117	117	117	117	117	117	117	117	117	117	114						
MEAN	29	23	44	70	92	96	109	122	119	125	136	146	135	146	170	160	166	146	108	99	63	31	30	22	99						

TROMSØ. HORIZONTAL INTENSITY. H=11200 + TABULAR QUANTITIES EXPRESSED IN GAMMA.
HOURLY MEAN VALUES

DECEMBER 1970

DAY	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	MEAN
1	112	117	117	117	117	117	117	112	112	107	107	112	112	112	112	117	122	122	122	122	122	122	117	117	117	115						
2	111	116	116	116	116	116	116	111	111	111	111	111	111	116	122	127	122	137	169	143	174	143	122	106	123							
3	79	21	64	111	122	122	116	111	106	111	111	111	111	116	116	116	132	122	122	122	116	122	79	85	106							
4	116	116	116	116	116	116	116	111	111	106	111	116	116	111	122	122	122	122	122	127	74	5	-94	-73	93							
5	-25	42	53	85	111	127	122	116	111	95	132	122	116	127	127	180	122	116	116	116	111	111	106	106	106							
6	107	96	107	117	128	128	117	112	112	112	107	107	117	175	254	291	297	233	170	138	112	112	75	96	142							
7	95	111	116	111	111	116	111	111	116	111	111	111	122	148	201	206	174	180	164	122	74	-162	-110	-120	97							
8	-62	-168	-62	-184	-41	100	122	137	148	143	143	148	185	285	159	122	116	132	95	53	132	127	16	42	78							
9	80	59	112	117	117	122	133	122	117	112	112	122	122	122	112	128	128	122	117	117	117	107	107	114								
10	107	112	112	112	117	117	117	112	107	101	101	112	112	112	122	128	122	117	122	86	86	101	107	112	110							
11	113	113	118	118	118	118	113	108	102	102	108	108	113	113	113	113	118	123	123	118	118	118	118	114								
12	117	117	112	112	117	117	122	117	112	107	112	112	117	138	144	122	122	117	149	138	117	144	107	107	120							
13	122	117	122	117	112	112	112	112	112	112	112	112	117	117	117	122	133	181	186	138	117	117	80	54	118							
14	111	69	74	122	90	-173	-136	-36	48	90	100	201	196	201	180	164	127	116	5	-83	-4	-120	-136	21	51							
15	49	1	-45	59	96	86	75	80	107	122	154	133	112	165	154	181	223	181	186	159	122	128	117	91	114							
16	81	65	97	102	97	97	102	102	102	97	97	102	113	113	113	113	118	139	150	134	123	113	81	55	104							
17	76	97	108	108	108	108	108	108	108	102	97	97	102	108	102	102	108	108	108	108	118	108	97	108	104							
18	108	108	108	108	108	108	108	108	108	102	102	108	108	113	113	108	108	108	113	108	108	108	113	113	108							
19	97	113	113	113	118	123	118	118	108	92	86	97	102	108	108	113	113	118	123	134	150</											

TROMSO. VERTICAL INTENSITY, Z=51200 + TABULAR QUANTITIES EXPRESSED IN GAMMA.
HOURLY MEAN VALUES

NOVEMBER 1970

DAY	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	MEAN
	83	83	83	83	77	77	77	77	77	77	83	83	83	83	83	83	77	77	70	70	77	77	79								
1	69	69	69	69	69	69	69	69	69	69	76	76	76	69	76	95	95	89	76	69	69	63	63	63	69	50					71
2	25	12	6	58	19	25	52	65	65	71	78	71	71	71	78	91	97	-13	32	78	84	84	32	52						54	
3	-20	-20	-7	25	38	51	51	58	78	84	78	84	91	71	71	71	78	91	91	65	58	-46	32	51						51	
4	71	25	5	38	58	58	65	65	71	84	78	78	78	65	65	84	84	71	65	25	-99	0	-99	-46						41	
5	55	35	9	-17	15	22	22	55	81	94	87	87	68	74	101	114	114	101	87	74	94	9	-30	22						57	
6	51	249	-46	249	249	84	51	150	189	78	-13	-158	58	-105	-243	38	65	78	84	-72	-132	-46	51	216						46	
7	150	51	45	78	65	78	97	104	117	117	117	130	117	117	130	117	104	91	84	51	71	84	84	84						95	
8	71	84	91	91	84	71	58	84	104	111	124	130	137	124	150	150	130	78	51	19	117	51	84	111						96	
9	75	29	88	29	42	48	62	75	88	94	107	107	121	107	9	55	62	68	88	68	127	68	88	147						77	
10	32	-171	-85	-20	45	71	91	117	117	124	78	91	104	117	117	65	-7	32	98	98	0	-26	45	84						50	
11	84	84	78	65	91	91	98	111	117	117	111	124	111	130	143	130	104	91	98	91	91	91	84	84						100	
12	87	74	41	48	67	74	87	87	87	94	107	107	133	153	113	74	94	54	87	54	120	107	120	205						95	
13	172	107	48	74	100	107	107	113	120	120	113	113	113	113	120	126	133	100	28	74	120	133	100	100						106	
14	107	100	100	100	100	100	100	100	100	100	107	107	113	113	113	107	100	94	100	34	80	87	94	107						98	
15	107	107	107	100	100	100	100	94	94	100	100	100	107	100	94	94	74	41	100	80	48	94	54	34						88	
16	54	34	61	87	41	61	80	80	87	94	100	100	100	100	94	94	94	94	100	94	94	100	94	94						84	
17	87	74	87	94	94	94	94	94	100	100	100	100	94	113	2	-129	-89	41	21	107	94	94	251	218						80	
18	140	147	192	120	-4	-69	-4	35	94	107	120	114	114	114	107	107	114	114	114	114	114	114	114	114						96	
19	113	113	107	107	113	113	113	113	113	113	107	107	107	107	107	107	107	107	107	107	107	100	100	48						105	
20	61	74	54	-4	35	67	100	120	153	120	48	-50	-116	-214	-214	-63	61	54	41	74	100	166	199	107						40	
21	251	146	139	21	54	87	107	107	113	120	126	126	133	120	61	28	-17	-4	113	-17	-30	-30	-76	-96						65	
22	-87	8	15	-17	8	74	54	100	146	159	126	74	80	93	-76	-129	-181	15	205	199	107	120	264	113						62	
23	61	87	100	107	107	107	107	107	113	100	100	93	93	93	93	87	21	-50	-50	28	34	80	93	74						74	
24	100	67	54	80	93	100	93	93	93	93	93	100	93	93	107	120	67	28	1	8	61	47	93	107						78	
25	80	28	93	113	107	93	93	100	93	93	100	100	100	100	93	126	113	107	100	74	28	34	80	87						88	
26	87	87	87	81	81	81	87	87	87	81	107	113	100	113	146	133	107	94	94	100	94	94	35	35	21						89
27	67	67	81	87	87	81	81	94	94	94	100	100	107	100	120	140	120	100	100	87	87	61	87	87						92	
28	94	94	94	94	94	87	87	87	87	94	94	94	94	94	94	94	94	100	100	94	87	74	74	87	87						91
29	87	87	87	87	87	87	87	87	87	87	87	87	87	87	94	94	94	100	94	94	87	87	81	74						88	

TROMSO. VERTICAL INTENSITY, Z=51200 + TABULAR QUANTITIES EXPRESSED IN GAMMA.
HOURLY MEAN VALUES

DECEMBER 1970

DAY	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	MEAN
	87	87	87	87	87	87	87	81	81	87	87	87	87	87	87	94	87	87	87	87	87	87	87	87								
1	94	87	94	94	94	94	94	94	94	94	87	87	87	87	87	81	94	101	94	107	48	68	107	94	87						90	
2	87	55	35	61	81	87	87	94	94	94	87	87	87	87	87	87	87	87	87	87	87	87	87	87							79	
3	68	94	94	87	87	87	87	87	87	94	94	87	87	94	87	87	87	87	87	87	87	87	87	87							83	
4	35	-4	9	22	28	68	81	87	94	107	120	114	101	107	120	114	107	87	87	87	87	87	87	87							79	
5	87	87	81	81	81	81	87	94	100	100	107	113	107	127	127	127	54	94	94	61	67	100	87	87							92	
6	94	94	101	87	81	87	94	94	94	101	101	101	120	147	173	186	160	127	94	81	107	192	179	199							120	
7	219	245	61	81	-96	-10	68	101	101	114	114	114	114	140	48	153	127	114	107	41	2	41	87	114	81						88	
8	81	81	107	120	94	107	120	113	113	113	120	120	113	120	120	107	113	113	107	100	100	100	94	94							107	
9	100	107	100	100	94	94	94	94	94	100	100	100	100	100	113	133	127	113	107	107	81	87	81	81							99	
10	93	100	100	93	93	93	93	87	87	93	93	100	100	100	93	93	93	93	107	100	93	87	87	93							94	
11	94	94	94	81	81	87	87	87	87	94	94	94	100	107	133	120	107	100	107	100	100	100	67	41	81						93	
12	87	87	94	100	100	94	94	94	94	94	94	100	100	100	100	100	100	100	100	100	100	100	100	100							93	
13	55	68	68	101	61	107	265	238	94	-10	48	120	127	133	94	107	120	101	127	133	101	153	140	68							109	
14	87	179	140	74	74	87	87	100	100	107	107	113	113	107	133	140	133	146	81	87	100	127	94	87							100	
15	93	80	74	107	107	107	113	107	100	107	107	107	100	113	107	107	113	113	120	126	113	113	107	67							104	
16	74	80	93	100	100	100	100	100	100	100	107	107	107	107	107	107	107	107	107	107	100	100	100	80							98	
17	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	93	80							99	
18	87	80	87	80	87	87	87	93	100	100	87	87	87	87	87	93	93	93	93	100	47	74	100	212							90	
19	41	61	74	87	87	87	87	93	100	107	120	133	126	126	120	126	113	113	100	100	74	74	113	74							96	
20	61	74	67	61	67	67	80	87	87	107	113	107	113	107	100	100	100	100	100	100	100	87	74	61							88	
21	61	74	80	80	80	74	67	80	93	100	107	107	107	113	107	107	126	139	133	126	120	93	41	80							94	
22	94	94	100	107																												

TROMSØ. DECLINATION. D=0 DEG. W + TABULAR QUANTITIES EXPRESSED IN TENTH OF MINUTES.
HOURLY MEAN VALUES

JANUARY 1970																								
-40	-17	0	12	24	36	46	51	59	70	68	76	82	81	76	72	81	79	67	64	48	23	15	-18	44
FEBRUARY 1970																								
10	5	16	23	25	32	37	47	54	73	76	84	91	103	91	82	73	77	74	53	54	23	19	0	51
MARCH 1970																								
-55	-53	-59	-51	-28	-23	-8	-12	8	41	77	108	138	144	114	128	111	109	99	34	49	4	-32	-57	32
APRIL 1970																								
-57	-111	-128	-84	-80	-43	-29	0	7	57	94	121	141	141	146	150	138	131	139	106	76	16	-12	-30	37
MAY 1970																								
-64	-79	-54	-43	-45	-33	-28	-8	27	71	106	141	153	171	150	144	143	149	142	136	115	83	19	-24	57
JUNE 1970																								
-91	-128	-150	-123	-69	-58	-46	-37	10	47	97	133	154	184	171	193	186	174	170	170	140	88	35	-32	50
JULY 1970																								
-184	-201	-159	-132	-98	-102	-76	-51	-21	37	70	104	139	151	154	176	160	172	178	170	129	77	-4	-108	24
AUGUST 1970																								
-81	-114	-94	-78	-77	-58	-42	-36	9	70	98	135	154	158	144	144	138	144	133	117	110	69	13	-51	42
SEPTEMBER 1970																								
-26	-40	-23	-13	-2	13	25	30	48	74	100	120	140	142	139	128	112	109	106	75	58	15	-36	-55	51
OCTOBER 1970																								
-110	-124	-107	-43	9	34	37	34	41	73	99	112	133	124	135	138	126	131	86	50	38	4	-37	-39	39
NOVEMBER 1970																								
-50	-69	-72	-41	-11	13	23	33	30	39	60	66	80	74	94	70	89	100	68	42	15	-35	-40	-70	21
DECEMBER 1970																								
-21	-33	-5	12	34	48	40	35	46	71	80	88	98	101	101	101	91	91	82	83	67	22	-8	-27	49
MEAN 1970																								
-64	-80	-70	-47	-26	-12	-1	7	26	60	85	107	125	131	126	127	121	122	112	92	75	32	-5	-43	41

TROMSØ. HORIZONTAL INTENSITY. H=11200 + TABULAR QUANTITIES EXPRESSED IN GAMMA.
HOURLY MEAN VALUES

JANUARY 1970																								
45	65	78	91	103	107	111	109	107	103	101	106	109	114	117	119	126	128	122	109	94	79	76	39	98
FEBRUARY 1970																								
81	80	89	94	101	107	106	105	102	98	101	104	111	120	121	124	140	142	123	112	93	71	63	52	102
MARCH 1970																								
13	47	47	45	65	86	93	91	93	95	106	121	125	147	155	170	150	128	110	96	63	26	5	-7	86
APRIL 1970																								
-6	-7	13	31	52	78	85	86	88	88	103	130	158	171	168	168	166	159	132	113	71	12	-9	-8	85
MAY 1970																								
7	29	85	102	102	101	98	92	85	85	98	118	133	169	187	183	188	183	150	133	103	71	32	3	106
JUNE 1970																								
5	-18	1	33	75	79	84	91	96	100	115	148	190	204	207	212	198	185	162	143	106	68	23	1	104
JULY 1970																								
-94	-37	3	26	56	49	71	83	105	103	120	134	163	207	207	191	183	179	165	132	88	30	-50	-91	84
AUGUST 1970																								
-1	6	46	73	54	84	86	87	97	90	112	132	148	166	177	184	177	153	138	124	114	68	20	-12	97
SEPTEMBER 1970																								
29	59	68	79	82	94	99	95	94	90	101	113	127	151	168	174	168	149	119	83	62	32	0	8	93
OCTOBER 1970																								
10	28	41	65	99	113	116	110	109	101	107	114	134	148	152	156	137	125	101	49	52	44	24	28	90
NOVEMBER 1970																								
29	23	44	70	92	96	109	122	119	125	136	146	135	146	170	160	166	146	108	99	63	31	30	22	99
DECEMBER 1970																								
63	63	72	80	103	106	106	108	110	109	111	118	121	134	136	142	143	139	130	119	111	80	57	52	105
MEAN 1970																								
14	28	49	66	82	92	97	98	100	99	109	124	138	156	164	165	162	151	130	109	85	51	22	7	96

TROMSØ. VERTICAL INTENSITY. Z=51200 + TABULAR QUANTITIES EXPRESSED IN GAMMA.
HOURLY MEAN VALUES

JANUARY 1970	42	40	32	33	38	43	50	54	56	57	59	59	60	63	66	57	55	57	57	52	53	40	41	52	51
FEBRUARY 1970	49	57	49	41	41	45	48	50	52	54	57	61	60	62	69	70	65	59	51	55	60	56	53	29	54
MARCH 1970	75	67	68	69	49	58	62	71	73	74	74	74	84	79	58	38	60	60	62	68	80	91	104	118	72
APRIL 1970	91	84	62	67	47	46	60	70	79	80	81	77	77	77	88	85	85	79	76	78	111	120	102	92	80
MAY 1970	76	52	51	57	61	64	68	73	76	78	82	82	78	71	91	94	96	85	77	78	77	88	90	95	77
JUNE 1970	90	87	46	36	41	55	68	75	85	87	84	88	78	73	90	79	84	78	72	68	67	82	92	89	75
JULY 1970	139	96	54	62	58	68	83	82	86	88	87	83	84	77	73	74	78	84	80	80	89	95	115	137	86
AUGUST 1970	92	82	50	66	67	84	86	87	85	93	87	87	84	92	102	96	93	84	84	86	85	101	120	129	88
SEPTEMBER 1970	89	80	75	66	62	65	77	81	92	97	100	102	103	103	98	100	89	87	78	84	82	82	82	90	86
OCTOBER 1970	104	86	60	66	60	71	85	93	97	104	105	106	105	110	91	76	72	83	94	95	89	108	106	115	91
NOVEMBER 1970	81	68	63	71	74	73	79	91	101	101	95	86	93	86	68	76	69	67	79	67	65	63	79	84	78
DECEMBER 1970	92	88	79	80	72	85	97	98	95	96	100	103	104	106	112	110	104	98	94	87	95	92	99	93	95
MEAN 1970	85	74	57	60	56	63	72	77	81	84	84	84	84	83	84	80	79	77	76	75	79	85	90	94	78

TROMSØ. DECLINATION. D=0 DEG. M + TABULAR QUANTITIES EXPRESSED IN TENTH OF MINUTES.
QUIET MEAN VALUES.

JANUARY 1970	38	35	39	37	33	37	41	46	51	59	62	67	65	66	62	60	54	51	48	50	42	39	43	40	50
FEBRUARY 1970	48	40	37	33	31	30	34	42	48	63	66	72	72	70	65	63	65	66	62	55	51	45	45	51	52
MARCH 1970	44	39	32	18	7	-2	-8	-10	3	35	67	94	103	90	75	55	52	55	56	60	57	55	47	47	40
APRIL 1970	54	30	23	5	-11	-27	-24	-15	13	52	87	106	118	100	91	78	71	75	74	72	71	61	64	51	52
MAY 1970	40	23	4	-20	-31	-41	-35	-21	4	55	98	133	140	129	114	107	94	81	94	97	92	77	65	54	52
JUNE 1970	51	17	-11	-40	-41	-51	-33	-24	9	54	109	138	147	140	127	109	98	101	96	85	85	89	52	44	64
JULY 1970	33	4	-25	-22	-31	-43	-23	-12	12	53	91	125	143	134	128	100	89	98	99	95	97	80	50	35	65
AUGUST 1970	47	18	-2	-29	-30	-37	-28	0	40	81	108	135	142	135	110	97	81	91	94	88	90	70	53	45	71
SEPTEMBER 1970	43	35	28	17	21	16	24	25	43	65	87	99	110	114	94	84	81	73	79	82	75	65	56	51	64
OCTOBER 1970	48	47	50	45	38	39	31	28	35	65	83	106	116	109	93	79	77	81	86	73	70	60	59	54	66
NOVEMBER 1970	31	23	28	27	30	28	29	35	34	48	64	66	68	70	69	62	65	65	48	41	36	30	27	25	46
DECEMBER 1970	56	51	47	49	47	50	53	55	61	69	75	81	84	78	74	73	74	74	73	68	68	66	65	54	65
MEAN 1970	45	35	29	20	17	12	13	20	34	60	81	97	102	97	86	76	71	72	72	69	68	58	51	47	56

TROMSO. HORIZONTAL INTENSITY. $H=11200 +$ TABULAR QUANTITIES EXPRESSED IN GAMMA.
QUIET MEAN VALUES.

JANUARY 1970	102	103	103	103	105	106	106	106	103	100	100	101	101	103	103	106	106	106	105	104	103	104	104	103	103
FEBRUARY 1970	107	106	107	107	108	108	107	106	102	99	97	97	97	99	102	106	109	110	111	107	106	104	106	107	105
MARCH 1970	110	107	108	108	107	106	100	91	82	72	70	72	77	87	96	100	105	104	110	109	111	109	109	108	99
APRIL 1970	113	111	115	116	110	105	100	89	77	67	67	71	76	90	102	108	111	116	120	118	109	110	111	110	101
MAY 1970	113	120	119	116	109	104	95	83	72	70	67	73	88	99	107	111	117	120	126	133	128	118	119	117	100
JUNE 1970	119	121	120	118	118	111	107	94	83	75	78	84	95	114	125	131	131	136	132	130	123	117	117	107	
JULY 1970	116	116	118	114	112	100	98	92	84	76	82	82	94	107	121	119	110	113	112	114	105	103	104	111	100
AUGUST 1970	117	116	113	110	106	102	98	91	85	75	78	87	99	109	117	119	116	118	120	123	121	118	116	117	104
SEPTEMBER 1970	118	116	116	115	111	109	102	97	89	80	80	82	90	97	103	102	110	115	118	118	116	116	119	117	105
OCTOBER 1970	114	118	118	116	117	117	115	111	101	89	89	93	96	105	105	113	116	117	119	118	116	114	114	116	111
NOVEMBER 1970	115	113	115	116	117	117	117	113	111	110	109	109	109	113	116	116	115	116	114	112	114	113	111	114	114
DECEMBER 1970	114	113	113	113	114	116	114	112	108	107	107	111	112	114	115	116	114	117	117	116	117	115	115	110	113
MEAN 1970	112	112	112	112	111	109	106	101	95	90	92	95	99	105	108	110	111	113	115	114	114	112	111	111	106

TROMSO. VERTICAL INTENSITY. $Z=51200 +$ TABULAR QUANTITIES EXPRESSED IN GAMMA.
QUIET MEAN VALUES.

JANUARY 1970	54	53	54	54	53	53	54	54	54	55	56	57	59	59	58	57	55	56	58	53	55	53	50	52	55
FEBRUARY 1970	52	53	54	54	54	55	54	54	52	53	53	54	56	55	56	59	57	56	57	56	54	53	52	51	54
MARCH 1970	68	68	70	73	74	72	73	73	71	71	70	71	75	81	82	81	79	76	77	72	69	66	66	67	73
APRIL 1970	72	75	76	76	75	74	70	71	71	72	72	77	76	79	81	84	78	74	72	73	72	69	66	65	74
MAY 1970	74	73	72	76	77	76	76	75	76	78	75	71	72	71	72	74	78	78	72	68	70	71	68	68	74
JUNE 1970	78	78	76	74	73	75	72	71	73	75	67	65	66	69	83	80	82	75	77	72	69	71	73	73	73
JULY 1970	82	82	83	84	80	79	84	85	84	84	84	82	77	80	81	82	86	79	78	77	78	74	84	84	82
AUGUST 1970	87	90	91	89	88	85	82	82	83	84	84	86	89	85	89	86	88	87	85	88	84	83	82	83	86
SEPTEMBER 1970	88	91	90	90	93	91	89	89	92	95	90	88	88	88	90	90	91	92	92	89	86	87	85	85	90
OCTOBER 1970	98	93	94	93	91	92	93	95	96	96	97	98	95	93	95	94	96	95	95	95	90	82	81	83	93
NOVEMBER 1970	95	94	93	91	91	88	88	93	92	94	94	97	96	95	95	95	97	99	95	94	93	89	89	85	93
DECEMBER 1970	95	97	96	93	94	92	92	93	93	97	97	97	98	98	99	99	100	98	98	99	97	96	92	91	96
MEAN 1970	76	77	77	76	75	75	75	75	75	77	76	76	76	76	79	79	81	80	80	78	76	73	72	70	76

TROMSO.

K-INDICES FOR THREE-HOUR INTERVAL
RANGE 2000 GAMMA FOR K=9. SCALE VALUES D=4.77 GAMMA H=5.28 GAMMA Z=6.57 GAMMA

JANUARY 1970

Table with 31 rows and 10 columns of numerical data for January 1970.

FEBRUARY 1970

Table with 28 rows and 10 columns of numerical data for February 1970.

MARCH 1970

Table with 31 rows and 10 columns of numerical data for March 1970.

APRIL 1970

Table with 30 rows and 10 columns of numerical data for April 1970.

TROMSO.

K-INDICES FOR THREE-HOUR INTERVAL
RANGE 2000 GAMMA FOR K=9. SCALE VALUES D=4.77 GAMMA H=5.28 GAMMA Z=6.57 GAMMA

MAY 1970

Table with 31 rows and 10 columns of numerical data for May 1970.

JUNE 1970

Table with 30 rows and 10 columns of numerical data for June 1970.

JULY 1970

Table with 31 rows and 10 columns of numerical data for July 1970.

AUGUST 1970

Table with 31 rows and 10 columns of numerical data for August 1970.

TROMSO.

K-INDICES FOR THREE-HOUR INTERVAL
RANGE 2000 GAMMA FOR K=9. SCALE VALUES D=4.77 GAMMA H=5.28 GAMMA Z=6.57 GAMMA

SEPTEMBER 1970

Table with 10 columns of data for September 1970, rows 1-30.

OCTOBER 1970

Table with 10 columns of data for October 1970, rows 1-31.

NOVEMBER 1970

Table with 10 columns of data for November 1970, rows 1-30.

DECEMBER 1970

Table with 10 columns of data for December 1970, rows 1-31.

JANUARY 1970
SUDDEN COMMENCEMENTS

Table with 4 columns of data for January 1970 sudden commencements, rows 1-27.

FEBRUARY 1970
SUDDEN COMMENCEMENTS

Table with 4 columns of data for February 1970 sudden commencements, rows 1-24.

FEBRUARY 1970

Table with 4 columns of data for February 1970 BAYS, row 7.

MARCH 1970
SUDDEN COMMENCEMENTS

Table with 4 columns of data for March 1970 sudden commencements, rows 3-31.

MARCH 1970

Table with 4 columns of data for March 1970 BAYS, row NONE.

APRIL 1970
SUDDEN COMMENCEMENTS

Table with 4 columns of data for April 1970 sudden commencements, rows 2-30.

JANUARY 1970
BAYS

Table with 4 columns of data for January 1970 BAYS, rows 3-27.

FEBRUARY 1970
SUDDEN IMPULSES

Table with 4 columns of data for February 1970 sudden impulses, rows 6-28.

MARCH 1970
SUDDEN IMPULSES

Table with 4 columns of data for March 1970 sudden impulses, rows 2-31.

APRIL 1970
BAYS

Table with 4 columns of data for April 1970 BAYS, row NONE.

JANUARY 1970
SUDDEN IMPULSES

Table with 4 columns of data for January 1970 sudden impulses, rows 19-30.

APRIL 1970
SUDDEN IMPULSES

Table with 4 columns of data for April 1970 sudden impulses, rows 19-24.

MAY 1970
 SUDDEN COMMENCEMENTS
 1 1920 SSC - - A
 3 2153 SSC - + A
 7 1731 SSC* ++ ** B
 11 2057 SSC + - C
 12 1953 SSC* - + A
 13 2221 SSC - + B
 15 1934 SSC + + B
 19 2040 SSC + + A
 23 2102 SSC + + B
 29 2020 SSC + - A

MAY 1970
 BAYS
 NONE

MAY 1970
 SUDDEN IMPULSES
 4 2125 SI + + A
 11 2310 SI - - A
 20 0558 SI + - A
 20 1757 SI - - A

JUNE 1970
 SUDDEN COMMENCEMENTS
 2 0209 SSC + - A
 2 2225 SSC* + ** B
 7 2124 SSC - - A
 13 1105 SSC + - B
 14 1924 SSC* + ** B
 16 2318 SSC - + A
 22 1920 SSC* ** + B
 27 0606 SSC - + A

JUNE 1970
 BAYS
 27 0033 BPS + - B

JUNE 1970
 SUDDEN IMPULSES
 17 0750 SI - + B
 29 0753 SI - + B

JULY 1970
 SUDDEN COMMENCEMENTS
 1 1303 SSC + - A
 2 1012 SSC + - B
 3 0900 SSC + - A
 3 2147 SSC* + ** A
 8 0312 SSC* ** - B
 9 2005 SSC* - ** B
 10 2023 SSC - + A
 11 2036 SSC - + A
 17 2151 SSC - + A
 19 2054 SSC* ** + A
 20 2007 SSC - + B
 21 0735 SSC - ** ** B
 21 1003 SSC* + ** A
 26 2115 SSC + + B
 27 0545 SSC* ** - B
 27 1920 SSC - + A
 29 0044 SSC + + A
 31 2105 SSC - + A

JULY 1970
 BAYS
 NONE

JULY 1970
 SUDDEN IMPULSES
 11 0353 SI - - B
 16 0132 SI - + B
 22 0527 SI - - B

AUGUST 1970
 SUDDEN COMMENCEMENTS
 1 2059 SSC - + B
 6 2114 SSC* + ** A
 8 1428 SSC* ** + B
 9 1753 SSC - + A
 10 2151 SSC - + A
 13 2127 SSC + + A
 15 2312 SSC - + A
 16 2205 SSC - + A
 20 2150 SSC* ** + A
 25 1944 SSC - + C

AUGUST 1970
 BAYS
 NONE

AUGUST 1970
 SUDDEN IMPULSES
 3 0131 SI + + B
 12 0145 SI - + B
 14 1558 SI + + B
 20 0658 SI - - B
 21 2114 SI - + B
 31 0335 SI - + B

SEPTEMBER 1970
 SUDDEN COMMENCEMENTS
 1 1250 SSC* ** - A
 2 2130 SSC + + A
 3 2054 SSC - + A
 4 2000 SSC* - ** A
 20 1936 SSC* - ** B
 22 2227 SSC* ** + B
 24 1916 SSC - + A
 29 2236 SSC - + B
 30 2120 SSC - + B

SEPTEMBER 1970
 BAYS
 5 1236 BPS + - B

SEPTEMBER 1970
 SUDDEN IMPULSES
 6 2130 SI + + B
 7 2056 SI + + B
 13 0544 SI - - A
 16 0530 SI - - A
 28 1116 SI - + A
 30 1412 SI + - A

OCTOBER 1970
 SUDDEN COMMENCEMENTS
 2 2031 SSC - + B
 3 1935 SSC - + A
 6 2115 SSC + + B
 7 2146 SSC* ** + B
 11 1846 SSC - + A
 13 2214 SSC* + ** B
 15 2045 SSC* - ** A
 19 1956 SSC - + B
 20 2148 SSC - + A
 23 1719 SSC - + A
 27 2115 SSC - + A
 28 0248 SSC* ** + B
 28 2300 SSC + + B
 29 1810 SSC - + A

OCTOBER 1970
 BAYS
 NONE

OCTOBER 1970
 SUDDEN IMPULSES
 20 0716 SI + + B
 21 2033 SI - + A

NOVEMBER 1970
 SUDDEN COMMENCEMENTS
 2 2330 SSC* ** + B
 3 2114 SSC* - ** A
 4 2125 SSC* - ** A
 5 0059 SSC - + B
 5 1931 SSC - + B
 6 2108 SSC - + A
 7 0048 SSC* - ** A
 14 2035 SSC - + B
 18 1224 SSC* ** - A
 18 2217 SSC - + A
 20 2236 SSC - + B

NOVEMBER 1970
 BAYS
 NONE

NOVEMBER 1970
 SUDDEN IMPULSES
 10 1750 SI - + B
 13 2301 SI + + A
 16 2102 SI - + A
 21 0622 SI + - A
 23 0718 SI + - B
 24 2241 SI + - A
 25 2112 SI - + A

DECEMBER 1970
 SUDDEN COMMENCEMENTS
 2 1437 SSC* ** - B
 4 2027 SSC + - A
 8 1324 SSC - + B
 14 0153 SSC* + + A
 21 2049 SSC* ** + B
 23 2357 SSC* - ** A
 24 1430 SSC - + A
 27 2100 SSC - + B
 29 1530 SSC* ** - A

DECEMBER 1970
 BAYS
 NONE

DECEMBER 1970
 SUDDEN IMPULSES
 9 0949 SI + - A
 14 1856 SI - + B
 17 2045 SI - + A
 19 2233 SI + - B
 28 2012 SI - + B

JANUARY 1970
PC1
24 1052 1140 A 0.3

JANUARY 1970
PC5
NONE

FEBRUARY 1970
PC1
7 0842 1130 A 3.4

FEBRUARY 1970
PC5
NONE

JANUARY 1970
PC2
NONE

JANUARY 1970
PC6
NONE

FEBRUARY 1970
PC2
NONE

FEBRUARY 1970
PC6
NONE

JANUARY 1970
PC3
6 0642 0745 B 23.0
6 1036 1115 B 23.5
10 0455 0527 B 29.4
10 0602 0917 B 32.8
11 0613 1035 B 25.5
19 04-- 0525 B 31.5
22 0550 0615 B 31.8
22 0850 0910 B 32.3
23 0657 0943 C 22.0
25 0521 0900 B 39.2

JANUARY 1970
PI1
NONE
JANUARY 1970
PI2
13 2155 2231 B 52.8
13 2304 2315 B 57.6

FEBRUARY 1970
PC3
5 1105 1205 B 34.1
11 0445 10-- B 22.4
12 0412 1220 B 34.1
16 0615 0649 B 22.4
17 0625 0830 B 42.5
20 03-- 1110 B 34.1
25 0928 10-- B 16.6

FEBRUARY 1970
PI1
NONE
FEBRUARY 1970
PI2
NONE

JANUARY 1970
PC4
NONE

JANUARY 1970
PG
NONE

FEBRUARY 1970
PC4
6 04-- 1338 B 47.7

FEBRUARY 1970
PG
NONE

MARCH 1970
PC1
NONE

MARCH 1970
PC5
NONE

APRIL 1970
PC1
NONE

APRIL 1970
PC5
NONE

MARCH 1970
PC2
NONE

MARCH 1970
PC6
NONE

APRIL 1970
PC2
NONE

APRIL 1970
PC6
NONE

MARCH 1970
PC3
5 1011 11-- B 18.5
12 0439 0900 B 33.1
14 0945 1100 B 26.8
18 01-- 0854 B 23.4
19 02-- 0908 B 23.9
19 1058 1115 B 25.3
20 0120 06-- B 33.1
22 0722 0859 B 40.9
25 05-- 0900 B 24.8
27 1532 1715 B 11.2
29 08-- 1210 B 27.8

MARCH 1970
PI1
NONE
MARCH 1970
PI2
NONE
MARCH 1970
PG
NONE

APRIL 1970
PC3
2 0829 0859 B 40.0
2 0909 12-- B 31.2
4 0349 06-- A 30.2
11 0955 1231 A 27.3
12 0250 13-- A 35.6
13 0430 12-- A 29.7
14 0331 0815 B 37.0
14 1029 17-- B 41.8
15 02-- 0455 B 43.8
18 0608 0800 B 27.3

APRIL 1970
PI1
NONE
APRIL 1970
PI2
NONE
APRIL 1970
PG
NONE

MARCH 1970
PC4
21 0343 0435 B 68.0

APRIL 1970
PC4
29 05-- 0750 B 59.9

MAY 1970
PC1
20 1027 1044 A 4.7

MAY 1970
PC5
NONE

JUNF 1970
PC1
6 0025 0200 A 3.7

JUNE 1970
PC5
21 1100 1300 B 435.0

MAY 1970
PC2
27 1251 1440 A 7.3

MAY 1970
PC6
NONE

JUNF 1970
PC2
3 1215 1240 A 8.8
7 1755 1935 B 8.2

JUNF 1970
PC6
NONE

MAY 1970
PC3
1 0720 1100 B 27.7
3 0908 1025 B 24.8
4 0550 0642 B 30.2
9 0235 1405 A 29.2
13 1011 1346 B 30.5
15 10-- 1418 B 27.2
16 02-- 0955 B 29.2
19 1540 1546 A 10.6
21 03-- 08-- B 37.5
22 0500 1210 B 27.7
23 0350 0940 B 35.5
24 0254 0920 B 30.6
25 0800 12-- B 32.6
26 03-- 1339 B 39.5
31 0320 11-- B 33.1

MAY 1970
PI1
NONE

MAY 1970
PI2
NONE

MAY 1970
PG
NONE

JUNE 1970
PC3
2 0600 1225 B 27.2
5 1130 1515 A 30.6
8 0710 0930 B 29.0
10 0440 0745 A 34.8
12 0605 1415 B 35.6-45.0
13 0245 0425 B 41.0
14 0600 1220 A 41.0
15 0500 0635 B 25.6
19 0650 1255 B 30.7
22 0350 1355 B 26.7
23 0800 1000 B 45.0-42.6
24 0615 1140 B 26.7
25 02-- 0430 B 33.3
30 0200 0655 B 34.1

JUNE 1970
PI1
17 0750 0755 B

JUNE 1970
PI2
2 1952 2000 B
4 1952 2220 B
12 1850 1900 B
28 2157 2211 B

JUNE 1970
PG
NONE

MAY 1970
PC4
10 1030 1512 B 74.5
11 0600 1050 B 64.5

JUNE 1970
PC4
6 0000 0300 A 51.0-57.0
28 0640 0850 B 48.5
29 0325 1130 B 51.2

JULY 1970
PC1
18 1315 1355 A 3.7

JULY 1970
PC5
4 1220 1600 B 4403.0

AUGUST 1970
PC1
NONE

AUGUST 1970
PC5
6 0250 0645 B 308.0
12 0600 0700 A 170.0

JULY 1970
PC2
2 0255 0410 B 9.0

JULY 1970
PC6
NONE

AUGUST 1970
PC2
2 1350 1530 A 6.8
8 1155 1330 B 5.1
26 0945 1110 B 6.1
31 1345 1445 A 6.1

AUGUST 1970
PC6
NONE

JULY 1970
PC3
4 0900 1220 B 30.0-34.0
6 1235 1320 B 10.1
8 0500 0820 B 36.8
11 0305 0850 B 33.3
14 0350 1240 B 28.0-30.0
15 0645 0730 B 30.8
16 0650 0820 A 33.3
17 0350 0620 A 34.7
18 0505 1315 B 25.6
20 0555 1520 B 31.0
23 03-- 1000 B 23.4
28 0330 1030 A 34.8

JULY 1970
PI1
15 2118 2130 B

JULY 1970
PI2
2 0554 0559 B
5 1555 1625 B
14 1800 1915 B

JULY 1970
PG
NONE

AUGUST 1970
PC3
4 0920 1320 B 34.1
5 0515 1325 B 38.0
7 0350 1350 B 17.1
13 0000 1245 B 38.4
14 0430 0700 A 35.8
16 0320 1000 B 34.5
20 0145 0815 B 30.8
28 1005 1345 B 38.0-27.0
30 0505 0625 B 37.6
31 0015 0350 A 28.6

AUGUST 1970
PI1
NONE

AUGUST 1970
PI2
9 1752 1812 B
10 2241 2246 B
14 2220 2230 B
22 1838 1857 B
24 2204 2210 B

JULY 1970
PC4
7 0500 1000 B 56.0
19 1120 1450 B 51.0
26 2000 2120 A 92.0

AUGUST 1970
PC4
10 0245 0435 A 146.0
11 0200 0245 A 119.5
11 0830 09-- A 123.0
16 0400 0455 A 107.0

AUGUST 1970
PG
NONE

SEPTEMBER 1970
PC1
NONE

SEPTEMBER 1970
PC5
12 0200 0700 B 320.0

OCTOBER 1970
PC1
14 0600 0620 A 1.5
27 0510 0615 B 3.4

OCTOBER 1970
PC5
13 0300 0800 B 410.0
20 0700 0805 B 367.0

SEPTEMBER 1970
PC2
19 1115 1305 B 5.7

SEPTEMBER 1970
PC6
NONE

OCTOBER 1970
PC2
10 1325 1550 B 6.1
21 0000 0030 A 113.0

OCTOBER 1970
PC6
NONE

SEPTEMBER 1970
PC3
5 0545 1145 B 31.0
7 0600 12-- B 31.0=26.0
10 05-- 1135 B 34.8
15 06-- 0940 B 31.0
16 0545 1020 B 35.8
17 0830 1350 A 31.0
22 05-- 0910 B 32.0
24 0845 1420 B 31.0
25 0035 0320 A 35.8
25 2320 2400 B 34.0
26 0000 0130 B 34.0

SEPTEMBER 1970
PI1
NONE

SEPTEMBER 1970
PI2
4 1624 1630 B
6 2100 2120 B
7 2012 2030 B
11 0352 0400 B
22 2200 2210 B
23 1700 1716 B
23 2350 2404 B
26 1730 1748 B
28 2240 2302 B

OCTOBER 1970
PC3
2 0645 0805 B 20.5
6 1110 1345 B 42.0
8 0400 0920 B 40.0
9 0210 0915 B 40.0
16 0315 0655 B 40.0
27 0310 0555 B 41.0
31 0000 0635 A 43.5

OCTOBER 1970
PI1
NONE

OCTOBER 1970
PI2
2 1814 1835 B
7 2142 2210 B
21 0000 0015 B
25 1629 1655 B
26 0319 0331 B
26 2250 2302 B
31 1935 2000 B

SEPTEMBER 1970
PC4
0 2215 2325 A 94.5
12 0020 1035 B 87.0

SEPTEMBER 1970
PG
NONE

OCTOBER 1970
PC4
15 0530 0650 B 60.5
20 0600 0655 B 140.0
20 2320 2400 A 113.0
22 0500 0610 B 137.0
25 0515 0550 B 45.1

OCTOBER 1970
PG
NONE

NOVEMBER 1970
PC1
NONE

NOVEMBER 1970
PC5
6 1020 1455 B 318.0
6 1455 1545 A 318.0
8 1240 1435 B 306.0
13 0815 0850 A 485.0
19 1440 1505 A 380.0
21 0430 0540 A 230.0

DECEMBER 1970
PC1
10 0025 1015 A 2.5

DECEMBER 1970
PC5
12 0215 0500 B 300.0
19 0000 1150 B 300.0

NOVEMBER 1970
PC2
16 0625 1455 B 8.5

DECEMBER 1970
PC2
30 2203 2209 B

DECEMBER 1970
PC6
NONE

NOVEMBER 1970
PC3
4 0400 0600 B 40.0
9 0335 0935 B 41.0
13 0400 0440 B 34.8
14 1000 11-- A 27.9
15 0420 1355 B 34.8=30.7
22 0655 0725 A 36.8
26 0130 0200 B 20.5
29 0705 0915 B 31.0
30 0100 0900 B 34.8

NOVEMBER 1970
PC6
NONE

NOVEMBER 1970
PI1
NONE

NOVEMBER 1970
PI2
2 2327 2345 B
5 1904 1912 B
18 0027 0045 B
18 1224 1230 B
20 2237 2315 B
25 1410 1430 B
26 1300 1315 B
28 0433 0439 B

DECEMBER 1970
PC3
3 0405 0815 A 34.0
4 0225 1030 B 41.0=43.5
7 0420 1000 B 26.6
10 0200 0810 B 34.6
13 03-- 12-- B 36.6
18 0300 1025 B 36.0
19 0400 0545 B 25.6
21 0950 12-- B 41.0
23 0640 1000 B 21.0
25 0210 0620 A 42.0
27 0700 0750 A 25.6
27 1630 1740 B 14.5
29 02-- 1525 B 32.8
31 0400 1140 A 25.4

DECEMBER 1970
PI1
NONE

DECEMBER 1970
PI2
1 2207 2225 B
3 0040 0100 B
5 0516 0530 B
13 1729 1810 B
16 1720 1750 B
17 2044 2110 B
21 2040 2115 B
23 0200 0220 B
25 2315 2340 B

NOVEMBER 1970
PC4
17 0540 0600 A 113.0

NOVEMBER 1970
PG
NONE

DECEMBER 1970
PC4
1 0200 0350 B 51.0
17 0200 1200 A 51.0

DECEMBER 1970
PG
NONE

the 1990s, the number of people with a mental health problem has increased in the UK, and the number of people with a mental health problem who are in contact with mental health services has also increased (Mental Health Act 1983, 1990, 1994, 1997, 2003).

There is a growing awareness of the need to improve the lives of people with a mental health problem, and to reduce the stigma and discrimination that they experience. This has led to a number of initiatives, including the development of mental health services that are more user-centred and that are more focused on the needs of people with a mental health problem (Mental Health Act 1983, 1990, 1994, 1997, 2003).

One of the key initiatives in this area is the development of self-help materials for people with a mental health problem. These materials are designed to help people with a mental health problem to understand their condition, to manage their symptoms, and to improve their quality of life. They are also designed to help people with a mental health problem to access the services that they need.

There are a number of reasons why self-help materials are important for people with a mental health problem. First, they can help people with a mental health problem to understand their condition and to manage their symptoms. Second, they can help people with a mental health problem to improve their quality of life. Third, they can help people with a mental health problem to access the services that they need.

There are a number of challenges associated with the development of self-help materials for people with a mental health problem. One of the main challenges is to ensure that the materials are easy to understand and easy to use. Another challenge is to ensure that the materials are culturally appropriate and that they are accessible to people with a mental health problem who are from different backgrounds.

There are a number of ways in which these challenges can be addressed. One way is to involve people with a mental health problem in the development of the materials. Another way is to use plain language and to use simple graphics. A third way is to ensure that the materials are available in a range of formats, including print, audio, and video.

There are a number of benefits associated with the use of self-help materials for people with a mental health problem. One of the main benefits is that they can help people with a mental health problem to understand their condition and to manage their symptoms. Another benefit is that they can help people with a mental health problem to improve their quality of life. A third benefit is that they can help people with a mental health problem to access the services that they need.

There are a number of factors that can influence the effectiveness of self-help materials for people with a mental health problem. One of the main factors is the quality of the materials. Another factor is the way in which the materials are used. A third factor is the support that is available to people with a mental health problem who are using the materials.

There are a number of ways in which the effectiveness of self-help materials for people with a mental health problem can be improved. One way is to ensure that the materials are of high quality. Another way is to ensure that the materials are used in a way that is supported by mental health professionals. A third way is to ensure that people with a mental health problem who are using the materials have access to the support that they need.

